

# 2023 Biennial Review

of Compliance with the Drug-Free Schools and Communities Act

March 2021 - February 2023

Wilkes Community College

This Biennial Review has been approved by Dr. Jeff Cox, Wilkes Community College President.

Dr. Jeff Cox

Date

# **Table of Contents**

Section	Page Number	ers
Introduction	3	
Biennial Review Process	4	
Annual Notification to Student and Employees	5	
Drug and Alcohol Policy	5	
Drug and Alcohol Prevention Program	5	
WCC Student Survey Results	6	
Summary of Student and Employee Violations and Sanctions	7	
SWOT Analysis	8	
Summary and Recommendations	9	
Appendices	10	
Appendix A: Sample Annual Notification to Students	11	
Appendix B: Sample Annual Notification to Employees	12	
Appendix C: 2021 Drug and Alcohol Prevention Programs	14	
Appendix D: 2022 and Jan. through Feb. 2023 Drug and Alcohol Prevention Programs	15	

#### Introduction

The Drug-Free Schools and Communities Act of 1989, Public law 101-226, requires Wilkes Community College (WCC) to certify that it has adopted and implemented a program to prevent the possession, use or distribution of illicit drugs and alcohol by students and employees. This statement is being published to clearly define the following items set forth by the statute:

- 1) The annual distribution in writing to each student who is taking one or more classes for any type of academic credit, except for continuing education units, and to all current employees, of:
  - a statement about the standards of conduct that prohibits the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on college property or as part of any of its activities;
  - a description of the applicable legal sanctions under federal, state, or local laws for the unlawful possession or distribution of illicit drugs and alcohol by students and employees;
  - a description of the health risks associated with the use of illicit drugs and the abuse of alcohol;
  - a description of any drug and alcohol programs (counseling, treatment, rehabilitation, and reentry) that are available to students or employees; and,
  - a statement that WCC will impose disciplinary sanctions on students and employees for violations of the standards of conduct and a description of those sanctions.
- 2) A biennial review by the institution of its program to:
  - Determine its effectiveness and implement changes to the program if needed
  - Ensure that disciplinary sanctions are consistently enforced

Biennial participants include representatives from the following areas of the college: Student Services
Counseling Services
Human Resources
Campus Police
Title IX
Instructional Services

#### **Biennial Review Process**

The Biennial Review covers March 2021 – February 2023. It was completed on February 28, 2023. The committee met on March 22, 2023 and approved the Biennial Review.

#### **Materials Reviewed**

Wilkes Community College website: <a href="www.wilkescc.edu">www.wilkescc.edu</a>
Wilkes Community College's Drug and Alcohol Policy
Drug and Alcohol Policy and Prevention Brochures
New Employee Orientation Sessions
New Student Orientation
Annual Notification to Students
Annual Notification to Employees
Maxient Database
Student Survey Results

#### **Committee Members**

Lynda Black, Committee Chair, Director of Counseling, Career Services, & Student Life Donna Brooks, Academic Advisor/ACA Instructor
Earl Byrd, WCC Chief of Police
Sherry Cox, Director of Human Resources
Caitlin Howell, Instructional Technologies Specialist
Scott Johnson, Dean of Student Services
Kristen Macemore, Interim Vice President of Curriculum
Mike Roope, Coordinator of Career Services

A copy of the Biennial Review can be requested in the Student Services Office.

## **Annual Notification to Student and Employees**

Annual notifications are sent each fall and spring semester to students and employees. These notifications are sent to the college provided email. A sample employee notification email is Appendix A. A sample student notification email is Appendix B. Additionally, new employees receive a copy of the Drug and Alcohol Policy and Prevention Brochure.

For students, the Drug and Alcohol Policy is reviewed in the New Student Orientation seated and virtual sessions. The information is also provided within the New Student Orientation online platform, Moodle, through links, the virtual handout, and the recorded session.

# **Drug and Alcohol Policy**

The college policies relevant to drug and alcohol are:

Alcohol and Drugs on Campus Policy 2.1.7

Tobacco Free Campus Policy 2.2.1

Alcohol and Drugs on Campus Policy 3.4.4

Students Alcohol and Drugs on Campus (catalog p. 33) Policy 5.3.5

## These policies can be viewed

in the WCC online policy manual

the WCC Drug and Alcohol Policy/Prevention webpage

a link on WCC's Police Department's webpage

# **Drug and Alcohol Prevention Programming**

For March – December 2021, the WCC Drug and Alcohol Abuse Prevention Program (DAPP) featured diverse activities and programs. Vickie Bell, Clinical Education Coordinator of WCC's Respiratory Therapy program, continued to pair with WCC DAPP and further her cause for vaping education in the community. For the 14 educational events, approximately 1758 individuals participated in the programs offered. More details can be viewed in Appendix C.

For 2022 through February 2023, the WCC DAPP continued to feature diverse activities and programs. Vickie Bell, Clinical Education Coordinator of WCC's Respiratory Therapy program, provided educational programs for vaping education in the community. For the 22 educational events, approximately 2273 individuals participated in the programs offered. More details can be viewed in Appendix D.

# **WCC Student Survey Results**

The ACA students, ENG students, and Sobriety Bowl participants had the opportunity to complete a five question survey about the Drug and Alcohol Policy and Prevention Program. Out of these students, 192 participated during the February 2023 survey. Gift cards were offered as incentives to participate.

QUESTION	YES	NO
Do you know WCC has a Drug and Alcohol Policy?	188 98%	4 2%
Do you know there is a Drug and Alcohol Policy/Prevention Program webpage on the WCC website that includes policy information and helpful campus and community resources?	183 95%	9 5%
Do you know there are resources to assist students who are having problems with drug and alcohol abuse?	178 93%	14 7%
Do you know it's a violation of the WCC Drug and Alcohol Policy to possess, sell, or distribute alcohol and illegal drugs on campus?	192 100%	0 0%
Do you know there are significant health risks associated with drug abuse?	190 99%	2 1%

# **Summary of Student and Employee Violations and Sanctions**

Information about student and employee Drug and Alcohol Policy violations and sanctions was sought from individuals involved in the conduct process across campus. Additionally, Maxient reports of student violations and campus police reports were reviewed.

Scott Johnson, Dean of Student Services, reported the student violations for the Wilkes, Ashe, and Alleghany locations. The following student violations were reported for the drug and alcohol policy and the tobacco policy:

2021 no violations 2022 no violations

Sherry Cox, Human Resources Director, reported employee violations for the Wilkes, Ashe, and Alleghany locations. The following employee violations and sanctions were reported for the drug and alcohol policy and the tobacco policy:

2021 no violations

2022 One violation: tobacco (smoking on grounds), 1st offense, warning issued

Earl Byrd, WCC Chief of Police, reported the following violations were reported for drug and alcohol laws:

2021 One violation: drug law – campus guest

2022 Two violations: drunk and disruptive – campus visitor

possession of schedule VI controlled substance - campus visitor

### **SWOT Analysis**

### Strengths

- Student awareness of the drug and alcohol policy, prevention program, and resources is high.
- Student violations of the drug and alcohol policy remain low.
- Multiple methods are used to communicate the drug and alcohol policy to employees and students.
- The college offers an employee assistance program (EAP).
- The Drug and Alcohol Policy/Prevention page is a resource that is part of the college website.
- In 2022, Wilkes Community College was designated a Recovery Friendly Workplace.
- Campus police now carry NARCAN naloxone.

#### Weaknesses

- Marketing of drug and alcohol prevention programs could be increased.
- Students may not read the email notification sent each fall and spring semester.
- Student participation in orientation is not required though the materials and a recording are available. Orientation is one method of sharing drug and alcohol policy information.

## **Opportunities**

- The college could partner with additional community resources to improve awareness of treatment options for students.
- An effort to increase awareness of on-campus resources will benefit students.

#### **Threats**

• Student participation in face-to-face programming remains low.

# **Summary and Recommendations**

#### Summary

WCC has adopted and implemented a Drug and Alcohol Policy and Prevention Program per the Drug-Free Schools and Communities Act of 1989, Public law 101-226. The purpose of this program is to prevent the possession, use, or distribution of illicit drugs and alcohol on campus and support the health and well-being of the campus community members.

The college provides annual notification of the Drug and Alcohol Policy, prevention programming throughout the academic year, and holds those in violation of these policies accountable. The biennial review summarizes the college's efforts in meeting federal requirements related to the Drug-Free Schools and Communities Act of 1989, Public law 101-226. The biennial review also provides recommendations for improvement for the upcoming two years.

#### Recommendations

- Change "Sexual Violence Prevention" Moodle course to "Wellness and Prevention" to provide not only sexual violence prevention information but drug and alcohol prevention and mental health and wellness information.
- A list of suggested changes to current relevant policies, were made March 13, 2023, and waiting approval. Examples of suggested changes:
  - Within the policy manual, Policy 2.1.7 Alcohol and Drugs on Campus and Policy
     3.4.4 Alcohol and Drugs on Campus, share the same name though the policies differ. Changing the name of one or both will clarify the focus of each.
  - The student policy and employee policy are both included in two separate policies and each has a unique number. Eliminating one or changing so there is one for students and one for employees will eliminate the duplication.
- Revise the email sent to students and employees to include
  - Hyperlinks about applicable legal sanctions under federal, state, or local laws for the unlawful possession or distribution of illicit drugs and alcohol.
  - Hyperlinks about the health risks associated with the use of illicit drugs and the abuse of alcohol.
- Add a statement to the college-sponsored study abroad participant form to acknowledge alcohol use may be a part of the experience, such as a wine tasting, and set parameters around alcohol use during the college-sponsored study abroad.
- Once approved, add the Biennial Review to the college website.
- Revise survey questions so the wording is potentially less leading.
- COVID shifted the biennial review from the calendar year to a blend of years. For the next biennial review, include 2023 and 2024 only. Conclude the finalization of the biennial review in January 2025 to return to consistency with the calendar year.

Appendices

#### **Appendix A: Sample Annual Notification to Students**

From: WCC Student Activities <studentactivities@wilkescc.edu>

**Sent:** Wednesday, August 24, 2022 12:25 PM **Subject:** Drug and Alcohol Policy Email

Greetings!

The Student Services staff hopes your fall semester is off to a great start!

By federal law, the Department of Education requires WCC to distribute the Drug and Alcohol and Tobacco-Free Policies to all students and employees each semester. WCC enforces these policies and maintains a Drug and Alcohol Prevention Program. In the past few years, the policies have been amended to ban all smokeless tobacco products, dips, hookah products, vaping products, and similar biohazardous products. All students and employees are responsible for reviewing and complying with each policy. A link can be found on the Student Resources page. Here's a link to the page, <u>Drug and Alcohol Policy</u>. Policy 2.2.1 is the Tobacco Use Policy and 5.3.5 is the Drug and Alcohol on Campus Policy.

The **WCC Drug and Alcohol Prevention Program** includes free, confidential assessments by licensed counselors, referrals to appropriate treatment resources, and educational events for students. For questions about student counseling resources, please contact WCC Counselors Lynda Black at 336-838-6148 or Mike Roope at 336-838-6147.

The college has walking trails, a student commons area, a wellness center, and year-round student activities that are drug and alcohol-free and promote wellness. Educational activities and prevention information are provided for students and employees throughout the year. The details of the events will be shared through the Student Life bi-weekly emails, social media, and the Student Activities Moodle page.

The Department of Education requires a biennial assessment of WCC's Drug and Alcohol Prevention Program that is available for anyone to review. If you would like to review the assessment, or have questions concerning policies or events, please contact Dr. Lynda Black.

Dr. Black

Lynda Black, PhD, LCMHC
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Wilkes Community College
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Wilkesboro, NC 28697
336-838-6148
Pronouns: she, her, hers

For the National Suicide Prevention Lifeline call 988 or 1.800.273.TALK <a href="http://suicidepreventionlifeline.org/#">http://suicidepreventionlifeline.org/#</a>

## **Appendix B: Sample Annual Notification to Employees**

ATTACHMENT: Colonial EAP Brochure

From: Sherry Cox <spcox072@wilkescc.edu> Sent: Wednesday, August 24, 2022 12:07 PM

To: WCC Employees < WCCEmployees@wilkescc.edu>

Subject: Drug and Alcohol Policy Information

#### Faculty/Staff:

We hope your fall semester is off to a great start! By federal law, the Department of Education requires WCC to distribute the Drug and Alcohol and Tobacco-Free Policies to all students and employees each semester. WCC enforces these policies and maintains a Drug and Alcohol Prevention Program. In the past few years, the policies have been amended to ban all smokeless tobacco products, dips, hookah products, vaping products, and similar biohazardous products. All students and employees are responsible for reviewing and complying with each policy. A link can be found on the Student Resources page. Here's a link to the page, <a href="Drug and Alcohol Policy">Drug and Alcohol Policy</a>. Policy 2.2.1 is the Tobacco Use Policy and 5.3.5 is the Drug and Alcohol on Campus Policy.

For employees, the college maintains an Employee Assistance Program (EAP), which can authorize two complementary treatment sessions with a community provider. In addition to our community provider, the college has a partnership with Colonial Life (refer to the attached flyer). For further information about the EAP program, contact Sherry Cox, the Executive Director of Human Resources, at 336-838-6422 or <a href="mailto:special">specox072@wilkescc.edu</a>. For students, the WCC Drug and Alcohol Prevention Program consists of free, confidential assessments by licensed counselors, referrals to appropriate treatment resources, and educational events. For questions about student counseling resources, please contact WCC Counselors Lynda Black at 336-838-6148 or Mike Roope at 336-838-6147.

The college has walking trails, student commons, a wellness center, and year-round student activities that are drug and alcohol-free and promote wellness. Educational activities and information are provided for students and employees to emphasize prevention.

The Department of Education requires a biennial assessment of WCC's Drug and Alcohol Prevention Program that is available for anyone to review. If you would like to review the assessment or have questions concerning policies or events, please contact Dr. Black in Student Services at 336-838-6148.

Please let me know if you have any questions.

Thank you!

**Note:** If you need to schedule a phone, virtual, or in-person appointment with me, please click <u>here</u>. Under "Select Staff," you will need to select my name.

# Respectfully,

# Sherry Cox

Sherry Cox
Executive Director of Human Resources
Title IX Coordinator
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Wilkesboro, NC 28697
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Email: spcox072@wilkescc.edu



WCC remains committed to serving our students, with faculty and staff available as they work from home or on campus. Our goal is to respond to emails and inquiries within 24 hours. For up-to-date information on WCC's response to the Coronavirus, visit wilkescc.edu/COVID-19, or follow us on Facebook, Twitter, Instagram.

# Appendix C: 2021 Drug and Alcohol Prevention Programs

For March – December 2021, the WCC Drug and Alcohol Abuse Prevention Program (DAPP) featured diverse activities and programs. Vickie Bell, Clinical Education Coordinator of WCC's Respiratory Therapy program, continued to pair with WCC DAPP and further her cause for vaping education in the community. For all 14 educational events, approximately 1758 individuals participated in the programs offered are included in the table below.

DATE	Title	LOCATION/AUDIENCE	ATTENDANCE
March 24	Vaping, Truth, and	2 <sup>nd</sup> year NUR students	31
	Consequences		
August 15 -17	Welcome Back bags	All campus locations	250
August 24	WCC DAP Information	Email to all students by Student	Emailed to all students
130		Life Coordinator	
August 30	WCC Drug & Alcohol Policy	Email to all employees by Sherry	Emailed to all
545.C0	(DAP) Information	Cox	employees
October 1	Vaping	Respiratory Therapists conference	125
October 4	Vaping	WCC nursing students	45
October 19	Your Brain 101	Ashe	14 (to a class)
October 21	Alcohol & Marijuana	Ashe	45
	Prevention		
October 25 &	Vaping	NWMS students	860
26	Van	(12 Presentations)	
November 10	Vaping	EWMS (2 presentations)	150
November 17	Alcohol & Marijuana	Lower Campus	79
	Prevention		
November 18	Alcohol & Marijuana	Daniel Hall	43
	Prevention		
November 22	Alcohol & Marijuana	Herring Hall	89
	Prevention		
December 2	Alcohol & Marijuana	Alleghany Center	27
	Prevention		
TOTAL		14 events	1758 participants

# Appendix D: 2022 and January - February 2023 Drug and Alcohol Prevention Programs

For 2022 and the first two months of 2023, the WCC Drug and Alcohol Abuse Prevention Program (DAPP) featured diverse activities and programs. Vickie Bell, Clinical Education Coordinator of WCC's Respiratory Therapy program, continued to provide vaping education in the community. For the 22 educational events, approximately 2273 individuals participated in the programs offered. Details are in the table below.

DATE	TITLE	LOCATION/AUDIENCE	PARTICIPATION/ ATTENDANCE	
February 1 – 11, 2022	Sobriety Bowl	All students invited to participate – a virtual event	116	
February 7	WCC Drug & Alcohol Policy (DAP) Information	Email to all employees by Sherry Cox	Emailed to all employees	
February 7	WCC DAP Information	Email to all students by Student Life Coordinator	Emailed to all students	
February 23 & 28	Vaping	Roaring River Elementary 4 <sup>th</sup> & 5 <sup>th</sup> grades and Ashe Middle School 7 <sup>th</sup> & 8 <sup>th</sup> grades	495	
March 2 & 3	Mental Health Matters	Lower Campus and Alleghany Center	57	
April 8	Shake It Up	Lower Campus	148	
August 22	Stress, Resiliency, & Discovering Your Stress Reducing Superpower	First year nursing students	41	
August 24	DAP Information	Email to all employees by Sherry Cox	Emailed to all employees	
August 24	Drug & Alcohol Policy	Email to all students by Student Life Coordinator	Emailed to all students	
September 19, 20, & 27	Mental Health & Coping	Lower Campus, Daniel Hall, and Alleghany Center	59 (fire drill during one event)	
October 3, 25, & 26	Vaping	WCC Nursing Students, WWM students, and Alleghany HS 9 <sup>th</sup> grade	600	
November 1	Drug and Alcohol related	PD sessions planned for all employees	Available to employees	
November 1, 3, 7, 8, 16, & 21	Donut Fall for FOMO	Daniel Hall, Herring Hall, Lower Campus, Alleghany Center, and Ashe Campus	244	
November 21	Vaping	Sparta Elementary 6 <sup>th</sup> , 7 <sup>th</sup> , & 8 <sup>th</sup> grades	180	
December 8	Vaping	Wilkes Central Middle	100	
	2023 EVENTS BELOW	2023 EVENTS BELOW		
January 26	WCC DAP Information	Policy distributed via email to all employees by Sherry Cox	Emailed to all employees	
January 27	WCC DAP Information	Policy distributed via email to all students by Student Life Coordinator	Emailed to all students	
February 1 - 10	Sobriety Bowl	All students invited to participate – a virtual event	127	
February 13	Vaping	Wilkesboro Elementary 5th graders	68	
February 16	Recovery Friendly Workplace	Thompson Hall – open to all employees	6	
February 23	Boundaries Workshop	Thompson Hall	8	
February 27	Making Friends with Anxiety	Thompson Hall	24	
TOTAL		22 events	2273 participants	

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